
*OUR TIPS, HIGHLIGHTS
& INSIDERS*

INNSBRUCK TRAVEL BOOK

Apartment Landkind

GRIAB-ENK / WELCOME!

GRIASS ENK -
WELCOME...

AM STARKENBÜHEL 523
6073 SISTRANS

WELCOME

LANDKIND APARTMENT

Welcome to our home! We are pleased to welcome you and hope that you will enjoy your stay in Sistrans. Please feel free to let us know if you need anything or if you have any concerns.

General Information:

There are two apartments in our house. In one I live and the front apartment is yours. Please consider that our home is a non-smoking household. If you wish to smoke, we kindly ask you to do so outside and to dispose your cigarettes afterwards.

Check-In/Check-Out Instructions:

Most of our guests want to arrive as flexible as possible, which is why we provide a small key box for you. The box is located at the north side of the apartment. Just walk down a few steps from the parking lot on the right side of the house and you will find the box at the entrance door (code will be sent to you before arrival). Please check-in anytime after 3 p.m. and we ask you to leave the apartment before 11 a.m when checking out. This will ensure that we have time to clean the apartment in preparation for other guests checking in.

Parking:

You can park comfortably on the right side in front of the house. There is space for several cars.



GENERAL INFORMATION

WELCOME TO OUR APARTMENT

WiFi:

Our home has high-speed Internet access that you may connect to via wireless.

WiFi- Name: Airbnb

WiFi-Code: airbnb##

Of course, everything in your apartment is meant to be used and consumed by you. There is Netflix installed on the TV, which you are welcome to use with the "AirBnB Account". Just make yourselves at home!

Washing machine:

There is a washing machine and dryer in the hallway. The area is accessible to all apartments, but both appliances are for you.

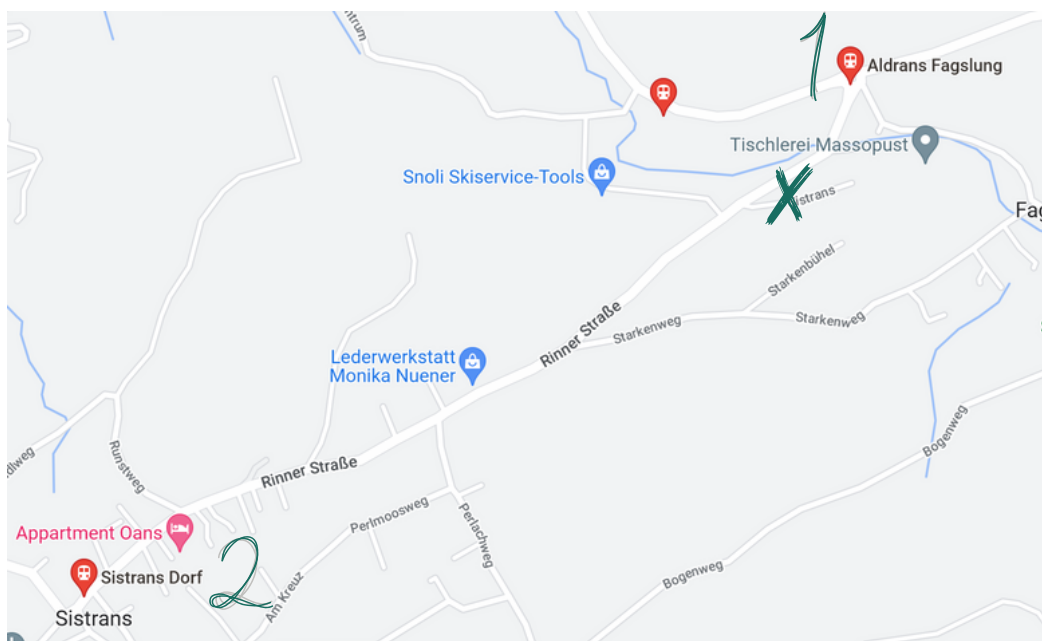
Getting Around:

Our apartment is located at the eastern part of Sistrans and can be reached from Innsbruck in about 15 minutes by car. the closest supermarket can be found in the next village. The name of the supermarket is "M-Preis" and you will find all usual groceries there: <https://goo.gl/maps/UXZzsQ9UmCD2>

Public Transportation:

The nearest bus station is in a 5 minutes walking distance from the apartment. At the station "Aldrans Fagslund" the regional buses 4132 & 4134 go directly to Innsbruck as well as to the neighboring villages on the plateau.

The current departure times can be found here: [Busplan_Aldrans_Fagslund](#)



X This is us
1 Aldrans Fagslund
2 Sistrans Dorf

ONLY 15 MINUTES FROM SISTRANS
TO INNSBRUCK

OUR HEART BELONGS
TO INNSBRUCK

WHAT TO DO IN SISTRANS/INNSBRUCK

We want you to feel as comfortable in Sistrans and Innsbruck as we do. There are countless possibilities to explore and experience the region. Convince yourself and enjoy your time! We are very happy that you are here and we would love to give you some tips and information about what to do and how to get the full Tyrolean experience.

Places you need to see:

- Seegrube and Hafelekar
- Maria-Theresien Straße
- Bergisel Ski Jump
- Sill Gorge
- Hofgarten
- Landhausplatz
- Marktplatz with view of Nordkette
- Botanical Garden Innsbruck
- Inn Riverside
- Patscherkofel
- Sistranser Alm
- Aldranser Alm
- Serles Gipfel
- Lanser See
- Naturschutzgebiet Rosengarten
- Mutterer Alm & Mutterer See
- Rinner Alm



DO YOU WANT TO ENJOY THE NATURE?

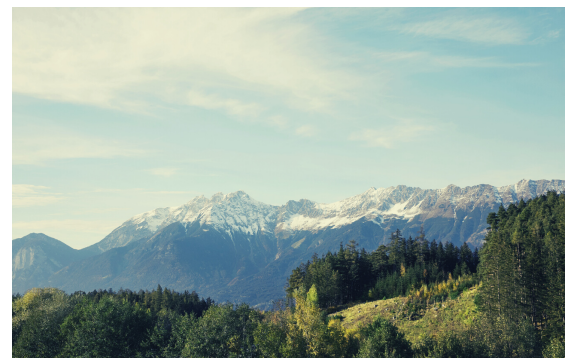
If you have had enough of the busy city life, then enjoy your time in the quieter Sistrans. Here you can comfortably drink coffee on the sun terrace and read a few pages in your favorite book.

Should you then get the urge for a bit of nature, then get your hiking boots and set off:

1. Sistranser Alm
2. Aldranser Alm
3. Lanser Alm
4. Rinner Alm (best Breakfast/Brunch - you will need a reservation)
5. Lanser See
6. Hiking Tour to Serles
7. Sundown-Yoga at Patscherkofel (every Thursday from 6:30 to 7:45 p.m.)
8. Neunerspitze - Viggarspitze Hiking Tour
9. Easy walk around Herzsee
10. Easy walk through Sillschlucht



Both of the alpine huts are right next to each other. The view on the Sistranser Alm is incredibly beautiful, but there is wonderful food on the Aldranser Alm!



It is really difficult to decide on the best restaurants in Innsbruck - the city offers something for everyone! Here are some of our favourites:

Seegrube Restaurant - the traditional cuisine is perfect during the easy walks and explorations of Nordkette

Stiftskeller - Tyrolean / Austrian

Isserwirt- fantastic Austrian kitchen-directly in the next village

Le Murge- Italian at its best!

Trattoria & Pizzeria "Da Rocco" - right across the street - you can also order online

Woosabi - Asian cuisine; with follow-up drinks at the Moustache Bar (which is opposite of the restaurant)

FloJos - American/ Mexican

"Our BEST Places to eat:

Glorious Bastards- Get a Burger!

Pizzeria Due Sicilie - hard to find, but offers the best pizza in town

Die Machete - the students' first choice when it comes to burritos...definitely worth a visit!"

*Fantastic view over
Innsbruck - absolutely
breathtaking*



COFFEE AND APPLE STRUDEL TIME!

CAFÉS & BARS

Almost daily, the people of Innsbruck meet for coffee and drinks. We love cozy get-togethers in cafés as well as outdoor gatherings in parks or at the Inn. Our favourite cafés and bars are:

Kater Noster

provides the best gin in Innsbruck. Hip and Cozy - don't forget to try the chocolate pie!

Café / Bar Moustache

Perfect to meet and chill with locals; the meeting place for Innsbruck's sport scene

360° Bar

Lovely view of the city! You need to take the elevator to the top floor at the shopping mall Rathausgalerien

Café Namsa

Insider tip of the locals! A bit hidden, but the best cakes in Innsbruck...and everything for a good cause!

Treibhaus

Alternative and cozy. Visit concerts, stand-up comedy and live shows. Check the schedule on the Treibhaus Website!

*"Our Insider Tip:
BrunchBuffet at Café
Immerland, every
weekend from 9:00-
14:00"*



Explore Innsbruck on foot, rent a bike or use public transportation. Our tip: buy your ticket at the bus station and not in the bus (they are less expensive). Here are the sights you should not miss:

Hafelekar - perfect for walks; easy to reach via the Hungerburg funicular and Nordkettenbahnen (in 20 minutes)

Ambras Castle - don't forget the Chamber of Art and Wonders!

Alpine Zoo - Take the Hungerburg Funicular; perfect for families and kids

360° Tirol Panorama - very impressive museum; audio guides are for free!

Tyrolean Folk Art Museum - right in the center of Innsbruck; combine it with a stroll around the city

Swarovski Crystal World - very famous, go check it out!

Bergisel Ski Jump - use the elevator and have a coffee at the top!



"A real Innsbruck experience includes a short hike! Our favourite hike starts at the Hungerburg station and leads to Höttinger Alm (approx. 1,5h)... enjoy the Käsespätzle and Strudel!"

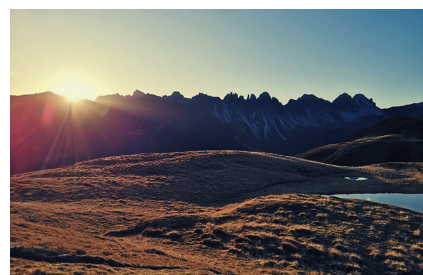
ARE YOU READY?
TEST YOURSELF...

MUST DO

20 THINGS YOU NEED TO DO IN INNSBRUCK

1. Order coffee and Strudel
2. Walk along the riverside and enjoy the sun
3. Copy the locals and order Kaspressknödel and Käsespätzle for the ultimate cheese experience
4. Take a selfie at Goldenes Dachl
5. Watch the sunset at a viewpoint
6. Take the Hungerburgbahn to reach the mountains
7. Have a snack at the Ruetz Bakery
8. Cycle through Innsbruck's oldtown
9. Get the Todays Special Ice-cream at Tomaselli
10. Watch the Skaters at Landhausplatz
11. Show off with your non-existent Tyrolean skills
12. Hike to one of the scenic huts around Innsbruck (Höttinger Alm, Umbrügler Alm, Rumer Alm, Artzler Alm, etc.)
13. Eat a whole Schnitzel at Burenwirt
14. Get sports equipment at one of the sports shops
15. Ask a tourist for directions
16. Open a Wieselburger Beer the right way (make it plop)
17. A hike on the mountains: Serles or Nockspitze
18. Ask a local about the difference of Axams, Aldrans, Ampass, Amras
19. Copy the locals and walk through the city in sports clothes
20. Enjoy the view over Innsbruck (watch the sunset)

Have a look at the next
page!



Day and night - there is always something going on in Innsbruck. There are many students in the city, who are responsible for the comfy, active and pleasant flair. We love our mountains and spend as much time as possible outside.

The public transportation is usually punctual and reliable. For the current bus schedule, we recommend the Smartride App of the Tyrolean Lines.

Use the webpage of the Innsbruck Tourism to find out about current events.

We recommend exploring the city on foot. Everything is close and easy to reach. Another good option: rent a bike

The locals are open minded and happy to help. Feel free to talk to them any time! In order to understand them, here are some basics of the Tyrolean dialect:

TYROLEAN FOR BEGINNERS:

Try your best!

Griaß-di, Griaß-enk.....	Hello! Good Day!
Pfiat-di, Pfiat-enk.....	Goodbye!
aui, auffi.....	up, upwards
grodaus.....	straight ahead
Weggn.....	Bread
Verlängata.....	a cup of coffee
Zol'n bitte!.....	The bill please!
Mogsch a Schnapsal?.....	Want some schnapps (never say no)
I mog di.....	I really like you
A Hetz machn.....	to have some fun
Heisl	toilet
Mei schian!	Oh my, that's awesome!
Mogsch di herhockn?.....	Wanna sit with us?

**PLEASE CONTACT US IF THERE ARE ANY QUESTIONS! WE
WISH YOU A WONDERFUL TIME!**