
*OUR TIPS, HIGHLIGHTS
& INSIDERS*

**INNSBRUCK
TRAVEL
BOOK**

GRIAB-ENK / WELCOME!

GRIASS ENK -
WELCOME...

...IN OUR VERY
SPECIAL CITY!

WHAT TO DO IN INNSBRUCK

We want you to feel as comfortable in Innsbruck as we do. There are countless possibilities to explore and experience the city. Convince yourself and enjoy your time! We are very happy that you are here and we would love to give you some tips and information about what to do and how to get the full Tyrolean experience.

Places you need to see:

- Seegrube and Hafelekar
- Maria-Theresien Straße
- Bergisel Ski Jump
- Sill Gorge
- Hofgarten
- Landhausplatz
- Marktplatz with view of Nordkette
- Botanical Garden Innsbruck
- Inn riverside

"Our Tip:

Don't forget to explore the small and narrow alleys in the old town. Get an ice-cream from Thomaselli in Maria-Theresien Street and stroll around"



It is really difficult to decide on the best restaurants in Innsbruck - the city offers something for everyone! Here are some of our favourites:

Seegrube Restaurant - the traditional cuisine is perfect during the easy walks and explorations of Nordkette

Stiftskeller - Tyrolean / Austrian

Die Olive - right around the corner - veggie only!

Il Convento - Italian at its best!

Trattoria & Pizzeria "Da Rocco" - right across the street - you can also order online

Woosabi - Asian cuisine; with follow-up drinks at the Moustache Bar (which is opposite of the restaurant)

FloJos - American/ Mexican

"Our BEST Places to eat:

HaPoel - the locals' secret place

Pizzeria Due Sicilie - hard to find, but offers the best pizza in town

Die Machete - the students' first choice when it comes to burritos...definitely worth a visit!"

Fantastic view over Innsbruck - absolutely breathtaking



COFFEE AND APPLE STRUDEL TIME!

CAFÈS & BARS

Almost daily, the people of Innsbruck meet for coffee and drinks. We love cozy get-togethers in cafés as well as outdoor gatherings in parks or at the Inn. Our favourite cafés and bars are:

Kater Noster

just around the corner; provides the best gin in Innsbruck. Hip and Cozy - don't forget to try the chocolate pie!

Café / Bar Moustache

Perfect to meet and chill with locals; the meeting place for Innsbruck's sport scene

360° Bar

Lovely view of the city! You need to take the elevator to the top floor at the shopping mall Rathausgalerien

Café Namsa

Insider tip of the locals! A bit hidden, but the best cakes in Innsbruck...and everything for a good cause!

Treibhaus

Alternative and cozy. Visit concerts, stand-up comedy and live shows. Check the schedule on the Treibhaus Website!



*"Our Insider Tip:
BrunchBuffet at Café
Immerland, every
weekend from 9:00-
14:00"*

THE MOUNTAINS MAKE
INNSBRUCK SPECIAL...

SIGHTS

Explore Innsbruck on foot, rent a bike or use public transportation. Our tip: buy your ticket at the bus station and not in the bus (they are less expensive). Here are the sights you should not miss:

Hafelekar - perfect for walks; easy to reach via the Hungerburg funicular and Nordkettenbahnen (in 20 minutes)

Ambras Castle - don't forget the Chamber of Art and Wonders!

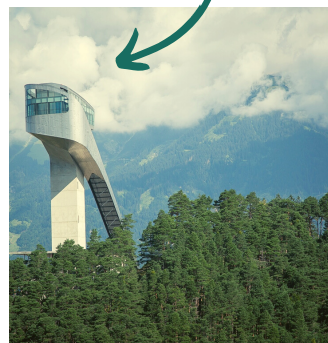
Alpine Zoo - Take the Hungerburg Funicular; perfect for families and kids

360° Tirol Panorama - very impressive museum; audio guides are for free!

Tyrolean Folk Art Museum - right in the center of Innsbruck; combine it with a stroll around the city

Swarovski Crystal World - very famous, go check it out!

Bergisel Ski Jump - use the elevator and have a coffee at the top!



"A real Innsbruck experience includes a short hike! Our favourite hike starts at the Hungerburg station and leads to Höttinger Alm (approx. 1,5h)... enjoy the Käsespätzle and Strudel!"

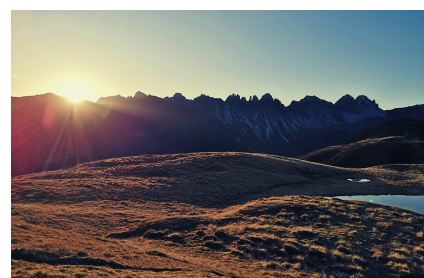
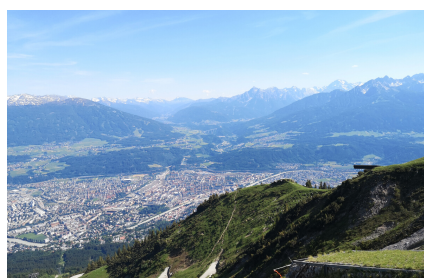
ARE YOU READY?
TEST YOURSELF...

MUST DO

20 THINGS YOU NEED TO DO IN INNSBRUCK

1. Order coffee and Strudel
2. Walk along the riverside and enjoy the sun
3. Copy the locals and order Kaspressknödel and Käsespätzle for the ultimate cheese experience
4. Take a selfie at Goldenes Dachl
5. Watch the sunset at a viewpoint
6. Take the Hungerburgbahn to reach the mountains
7. Have a snack at the Ruetz Bakery
8. Cycle through Innsbruck's oldtown
9. Get the Today's Special Ice-cream at Tomaselli
10. Watch the Skaters at Landhausplatz
11. Show off with your non-existent Tyrolean skills
12. Hike to one of the scenic huts around Innsbruck (Höttinger Alm, Umbrügler Alm, Rumer Alm, Artzler Alm, etc.)
13. Eat a whole Schnitzel at Burenwirt
14. Get sports equipment at one of the sports shops
15. Ask a tourist for directions
16. Open a Wieselburger Beer the right way (make it plop)
17. A hike on the mountains: Serles or Nockspitze
18. Ask a local about the difference of Axams, Aldrans, Ampass, Amras
19. Copy the locals and walk through the city in sports clothes
20. Enjoy the view over Innsbruck (watch the sunset)

Have a look at the next
page!



Day and night - there is always something going on in Innsbruck. There are many students in the city, who are responsible for the comfy, active and pleasant flair. We love our mountains and spend as much time as possible outside.

The public transportation is usually punctual and reliable. For the current bus schedule, we recommend the Smartride App of the Tyrolean Lines.

Use the webpage of the Innsbruck Tourism to find out about current events.

We recommend exploring the city on foot. Everything is close and easy to reach. Another good option: rent a bike

The locals are open minded and happy to help. Feel free to talk to them any time! In order to understand them, here are some basics of the Tyrolean dialect:

TYROLEAN FOR BEGINNERS:

Ty your best!



Griaß-di, Griaß-enk.....	Hello! Good Day!
Pfiat-di, Pfiat-enk.....	Goodbye!
auí, auffi.....	up, upwards
grodaus.....	straight ahead
Weggn.....	Bread
Verlängata.....	a cup of coffee
Zol'n bitte!.....	The bill please!
Mogsch a Schnapsal?.....	Want some schnapps (never say no)
I mog di.....	I really like you
A Hetz machn.....	to have some fun
Heisl	toilet
Mei schian!	Oh my, that's awesome!
Mogsch di herhockn?.....	Wanna sit with us?

PLEASE CONTACT US IF THERE ARE ANY QUESTIONS! WE WISH YOU A WONDERFUL TIME!
